

# One borough; one community; London's growth opportunity



Encouraging civic pride



Enabling social responsibility



Growing the borough

For more information visit  
[lbbd.gov.uk/visionandpriorities](http://lbbd.gov.uk/visionandpriorities)

# Mental Health Strategy 2016 -2018

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Sharon Morrow, Chief Operating Officer Barking and Dagenham CCG

22 November 2016

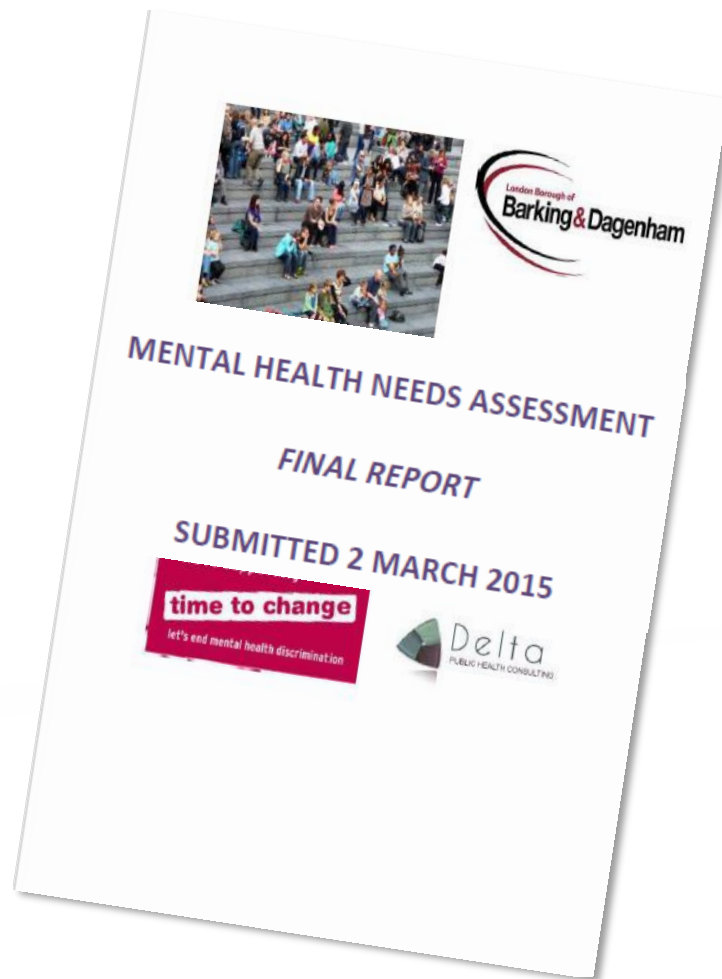


**Barking and Dagenham**  
Health and Wellbeing Board

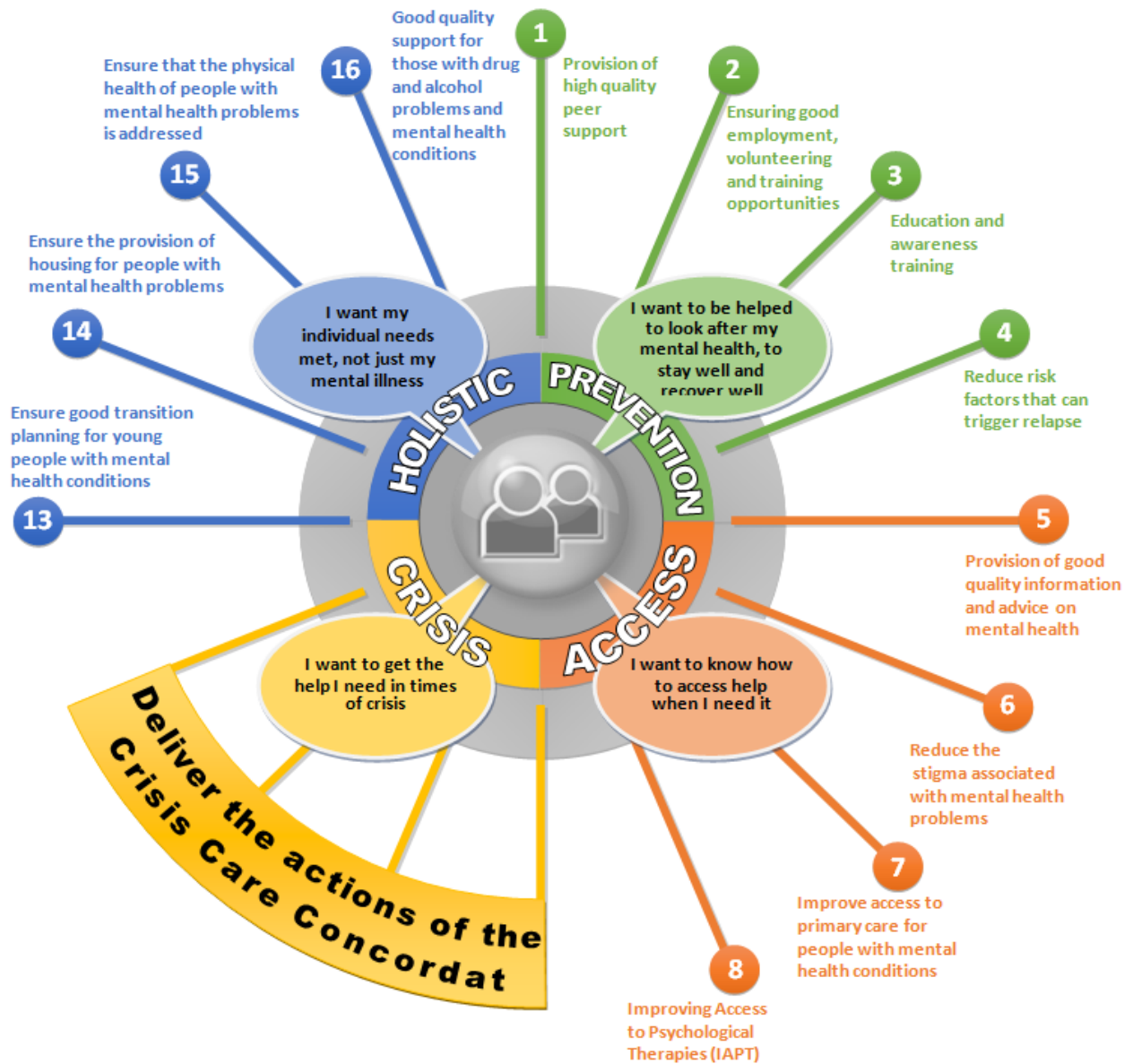


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# Mental Health Needs Assessment



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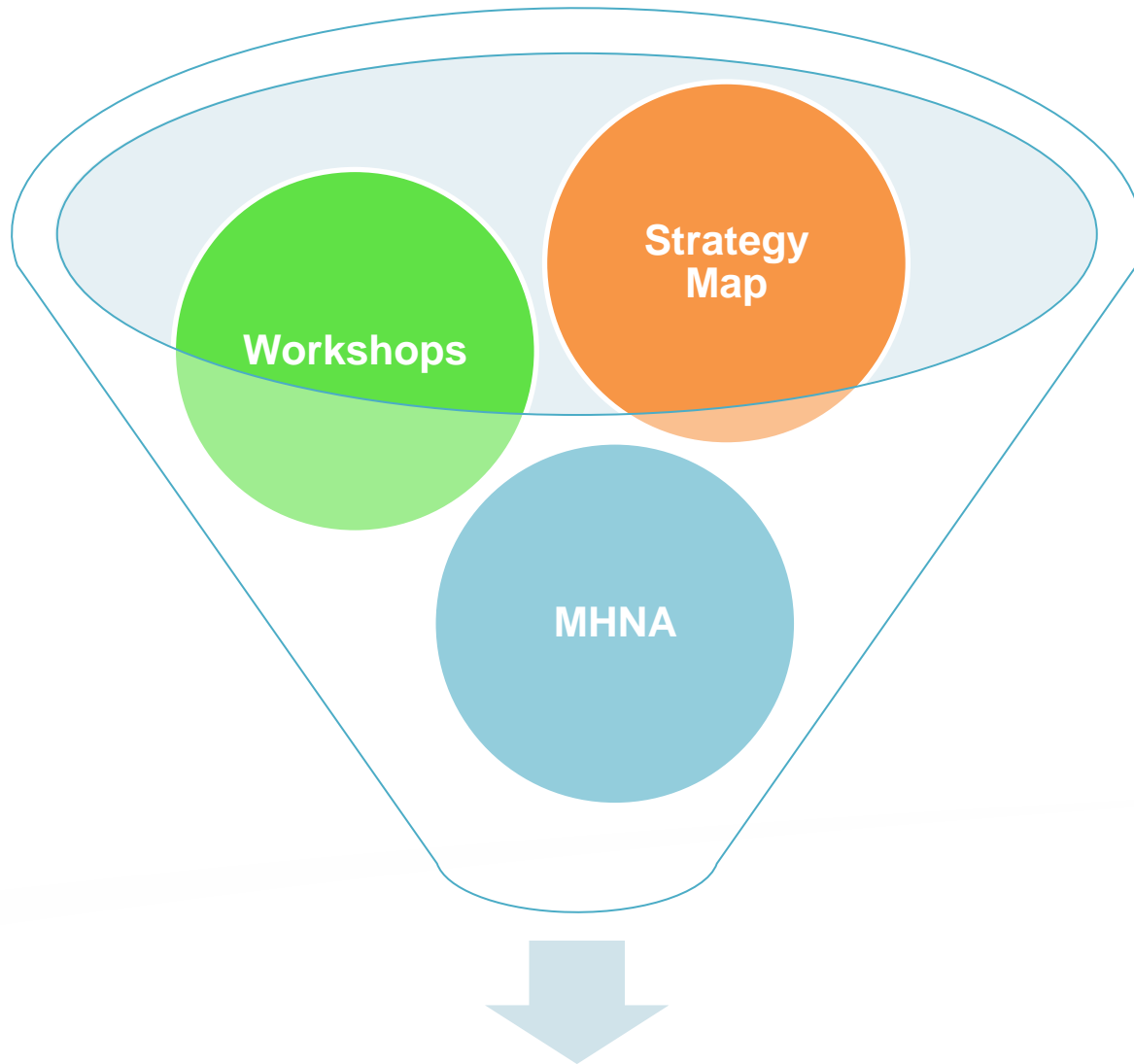
# Three mental health engagement workshops



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## FOUR KEY PRIORITIES

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**PREVENTING ILL HEALTH AND  
PROMOTING WELLBEING**

**HOUSING AND LIVING WELL**

**MENTAL HEALTH  
STRATEGY 2016 - 2018**

**WORKING WELL AND  
ACCESSING MEANINGFUL  
ACTIVITIES**

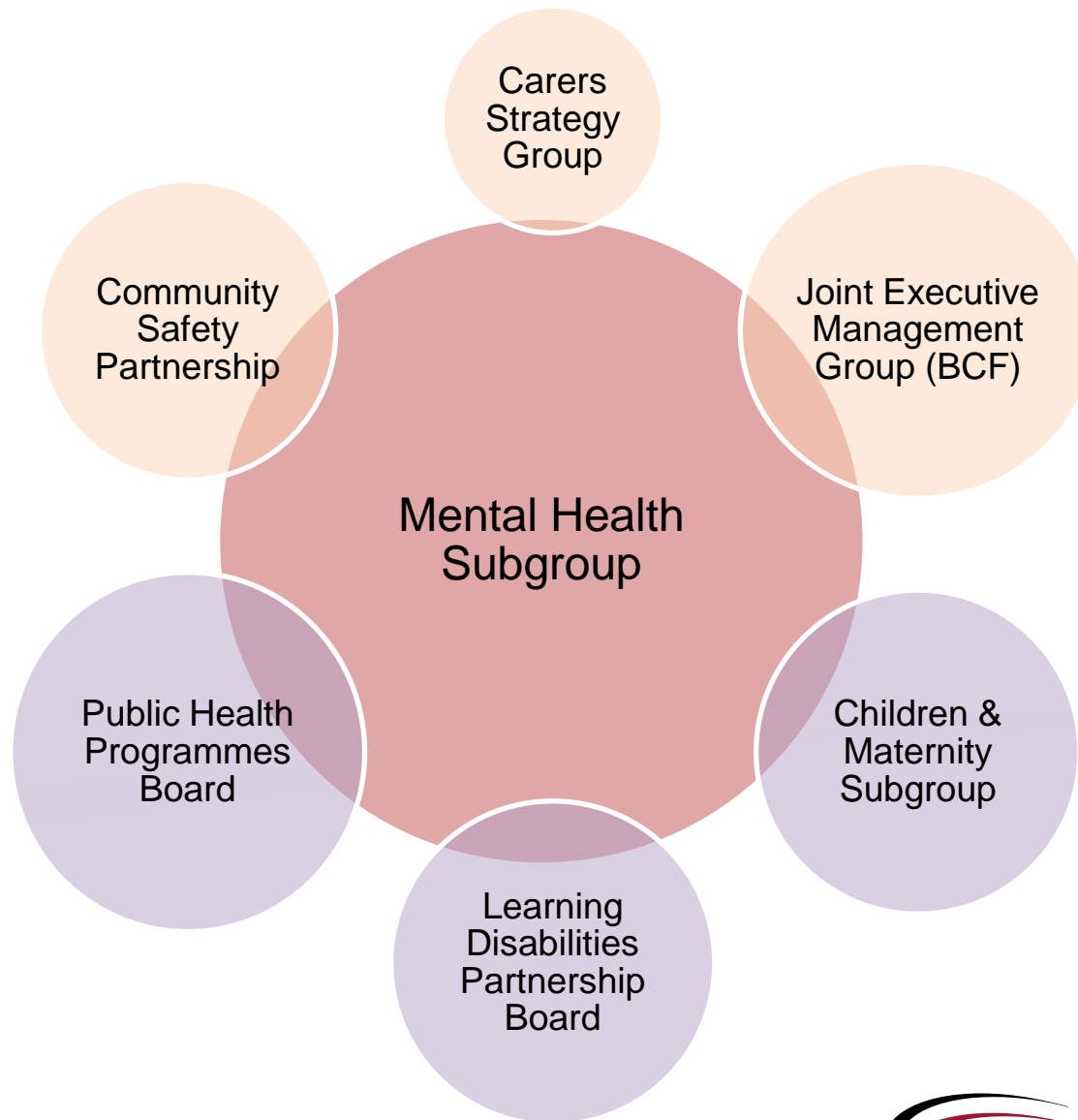
**DEVELOPING A NEW MODEL OF  
SOCIAL SUPPORT**

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# Link to Children and Young People

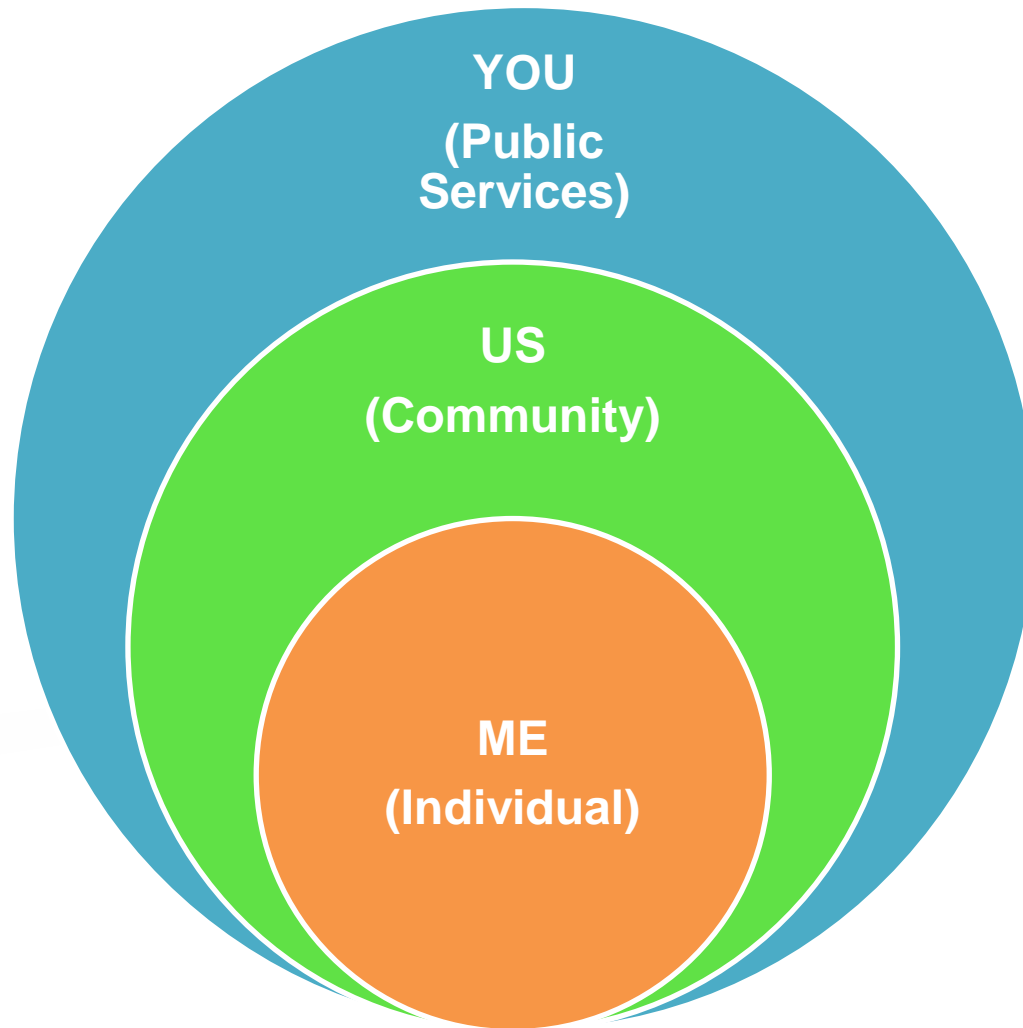


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# Key theme of Prevention



**What can public services offer?**

**What can we best do together?**

**What can I bring?**

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# Five Ways to Wellbeing



**Connect...**

Be active...

Take notice...

Keep learning...

Give...

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# Consultation



- Service Users
- Subgroups of HWBB
- Professionals
- Providers
- Public

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